

GELA	astelena						asteartea						asteazkena						osteguna						ostirala					la	lg	GELA		
	GOIKO GELA	AEROBIK GELA	BIKING GELA	PILATES GELA	KARATE GELA	Igerilek	OUTDOOR	GOIKO GELA	AEROBIK GELA	BIKING GELA	PILATES GELA	KARATE GELA	Igerilek	GOIKO GELA	AEROBIK GELA	BIKING GELA	PILATES GELA	KARATE GELA	Igerilek	OUTDOOR	GOIKO GELA	AEROBIK GELA	BIKING GELA	PILATES GELA	KARATE GELA	Igerilek	GOIKO GELA	AEROBIK GELA	BIKING GELA	KARATE GELA	Igerilek		Biking GELA	Biking GELA
7:10									*Biking													HIIT	*Biking											7:10
8:10			*Biking																															8:10
8:30																																		8:30
8:40	*TRX														*Multigym													*Multigym						8:40
8:45						Kardioale																												8:45
9:05			*Biking																										*Biking					9:05
9:10																														*Biking	*Biking			9:10
9:45															60+																			9:45
10:00																														*BIK 60+				10:00
10:10																														*Biking	*Biking			10:10
10:45																																		10:45
10:55						Akuafit																												10:55
14:15																																		14:15
14:30																																		14:30
15:30	*FF		*Biking																															15:30
17:00			*Biking																															17:00
17:15																																		17:15
17:30		*Kardiobox		Bizkar																														17:30
18:00																																		18:00
18:15																																		18:15
18:30		*Multigym		Balance	BOX GAZT																													18:30
19:15																																		19:15
19:30	*FF		*Biking m	Pilates																														19:30
19:40						Kardioale																												19:40
20:00																																		20:00

Jarduera eta ordutegi hauek eskariaren eta urteko sasoiaren arabera aldatu ahal izango dira.